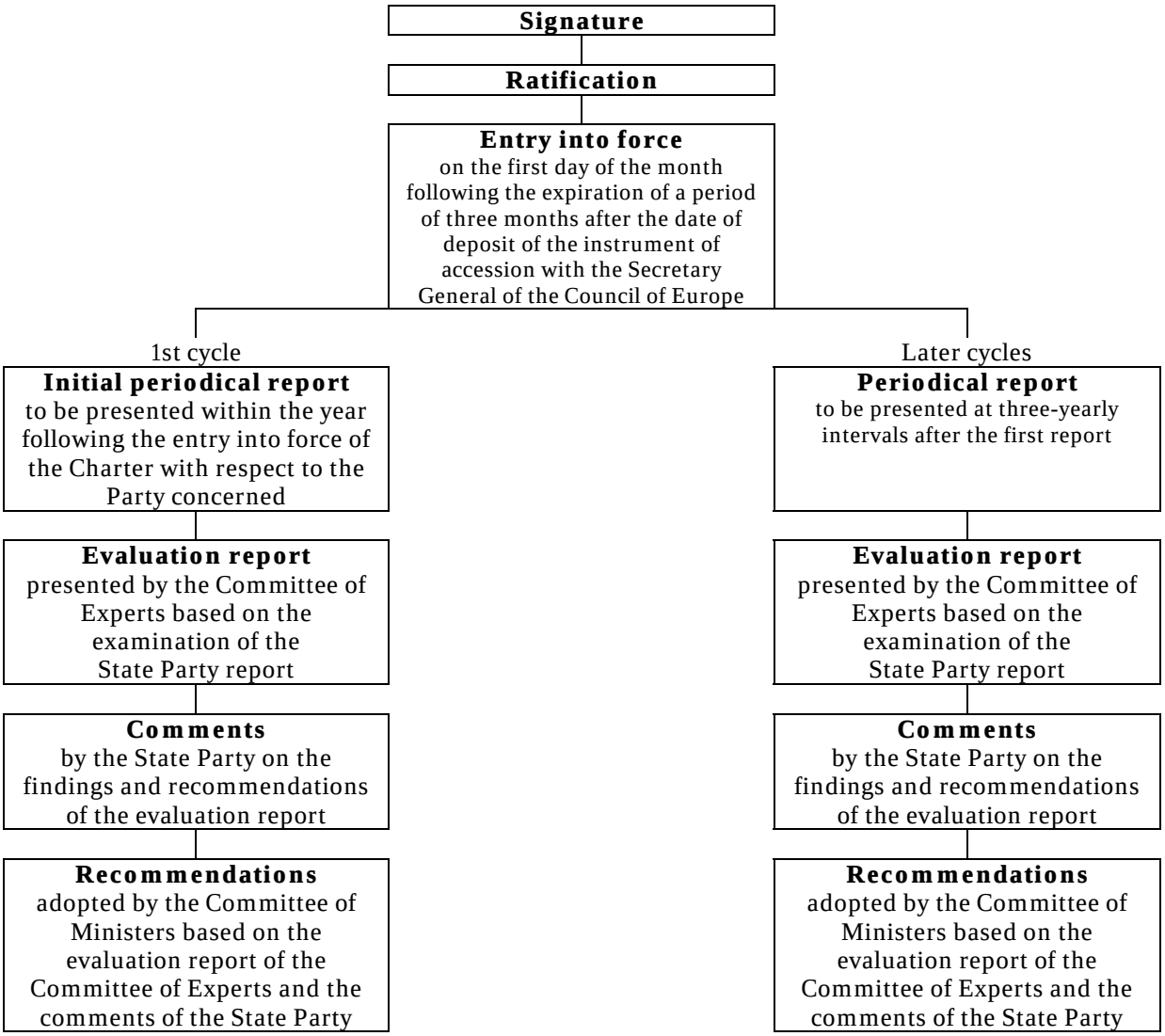The monitorig cycle of the European Charter for Regional or Minority Languages